



Pilgrimage with Ringu Tulku Rinpoche in Sri Lanka

15th - 21st January 2015

(Please see pages 5 & 6 for more information, terms and conditions)

Colombo, Sri Lanka: Stay at Cinnamon Lakeside Hotel, Colombo – 5*: (http://www.cinnamonhotels.com/CinnamonLakeside.htm)

Thursday, 15th January

08:00 – 17:00 19:00 onwards Arrivals/Resting/Shopping Welcome dinner at Nuga Gama



Welcome dinner at Nuga Gama Restaurant, Cinnamon Grand Hotel (http://www.cinnamonhotels.com/dining.php?hotel=3251&dine=7396)

Kandy, Sri Lanka: Stay at Mahaweli Reach Hotel, Kandy - 5* (http://www.mahaweli.com/)

Friday, 16 th January	08:00	Drive to the Kandy
	10:30 - 12:30	Pinnawala Elephant Orphanage
	13:30 - 15:30	Arrival in Kandy and lunch
	16:00 - 20:00	Visit to Kandy Tooth Relic Temple



Pinnawala Elephant Orphanage (http://en.wikipedia.org/wiki/Pinnawala Elephant Orphanage)



Kandy Tooth Relic Temple
(http://www.sridaladamaligawa.lk/)

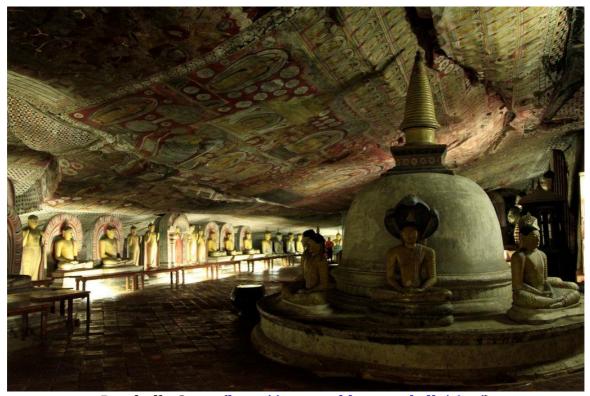
Dambulla & Anuradhapura, Sri Lanka: Stay at Palm Garden Village Hotel, Anuradhapura (http://www.palmgardenvillage.com/)

Dambulla, Sri Lanka		
Saturday, 17 th January	09:00	Drive to Dambulla
	10:30 - 12:30	Visit to Dambulla Cave Temple
	13:00 - 14:00	Lunch in Dambulla
	14:30	Drive to Anuradhapura
Anuradhapura, Sri Lanka		
Sunday, 18 th January	06:30 - 08:00	Visit to the Maha Bodhi Tree Temple
•	10:00 - 12:30	Visit to all the major temples

Drive to Chilaw beach (West coast)

13:00 - 14:00

15:00



Dambulla Caves (http://www.goldentemple.lk/site/)



Sri Maha Bodhi Tree and Stupas in Anuradhapura (Ancient Buddhist Capital) (http://en.wikipedia.org/wiki/Anuradhapura)

Chilaw beach, Sri Lanka: Stay at Anantaya Resort & Spa, Chilaw – 4* (http://www.anantaya.lk/)

Sunday, 18th January 18:00 **Arrival in Chilaw beach**

Monday, 19th January All day **Retreat with Ringu Tulku Rinpoche**

(Schedule will be announced soon)

Tuesday, 20th January 09:00 **Return to Colombo**



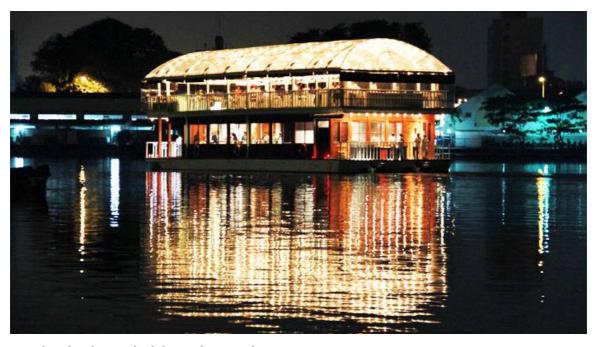
Retreat with Ringu Tulku Rinpoche at Anantaya Resort and Spa (Anantaya means 'Infinity': http://www.anantaya.lk/)

Colombo, Sri Lanka (Cinnamon Lakeside Hotel, Colombo - 5*)

Tuesday, 20th January 19:00 onwards Official Launch Bodhicharya Sri Lanka

8° ON THE LAKE, Cinnamon Lakeside

Wednesday, 21st January All day Departures: End of Pilgrimage



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(£600 on twin room sharing basis per person or £850 on single occupancy basis)

Price Includes:

- Six nights accommodation at hotels specified
- \bullet Meals on full board basis, commencing with lunch on 15th January & ending with breakfast on 21st January
- Transportation A/C coach throughout
- English speaking national guide throughout
- Entrance fees to sites specified
- Airport transfers on 15th and 21st January 2015 (Please provide us with your flight details once the flights have been booked.

Price Excludes:

- Guide and coach drivers tips
- Personal expenses
- Air tickets
- Launch dinner on 20th January (Dinner will be sponsored by Infinite Heart)
- Entry visa fees, please visit www.eta.gov.lk for more details/submit your individual visa application (please allow 3 working days)
- Other than specified above

Booking information/Terms & Conditions

Limited places available and are on a first come, first served basis:

Please fill-in the registration form on page 6, and email the form to us ASAP. You can then make the bank transfer, please see below for more information. You can choose to sponsor a sangha member for the pilgrimage, please indicate this when filling the application form.

Terms & Conditions:

- 50% non-refundable deposit (£300/£425) payable by 21st November 2014
- 50% remaining non-refundable balance (£300/£425) to be paid by 1st December 2014
- Anyone wishing to make the full payment (£600/£850) can do so by 21st November 2014

Contact details (Please copy both Kumanga and Cesare in your emails):

Kumanga Andrahennadi: kumiwater@gmail.com Cesare Saguato: cesare-saguato@hotmail.co.uk

We very much look forward to welcoming you to Ringu Tulku Rinpoche's first visit to Sri Lanka!!! With our love, gratitude and prayers,

Kumanga Andrahennadi & Cesare Saguato

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15th - 21st January 2015 Registration Form

1) Full name/names:
2) Full Address:
3) Email address:
4) Contact numbers Home: Mobile:
5) Emergency contact details Full name: Emergency contact number:
6) Please indicate which package you'd like to book; twin room sharing basis (£600) or single occupancy (£850):
7) I would like to sponsor a sangha member and would like to donate a sum of:
 Terms & Conditions: 50% non-refundable deposit (£300/£425) payable by 21st November 2014 50% remaining non-refundable balance (£300/£425) to be paid by 1st December 2014 Anyone wishing to make the full payment (£600/£850) can do so by 21st November 2014
 Bank transfer details: Bank name: Barclays Bank PLC Account name: Infinite Heart Account number (for UK): 23993302 Sort code (for UK): 20-29-23 IBAN number (International): GB50BARC20292323993302 SWFTBIC code (International): BARCGB22 Bank address: Barclays Bank PLC, Leicester, LE872BB
8) Signature (please print/type your name/names in full below):